



Cardiff Junior Ice Hockey Club



Anti-Doping Policy

Policy Statement:

“Fundamental to sport being enjoyed by all is sporting conduct; the way sport is played. Across all sports there must be a commitment to ensuring standards are set for fair play and then enforced. Doping in sport is cheating. It is fundamentally contrary to the spirit of sport and is detrimental to the positive impact of sport in society. The elimination of doping in sport requires a commitment by all, to ethical practice and upholding standards of fair play. It requires consistent and accountable decision-making and sanctioning of participants who are found guilty of a doping violation.”

UK Sport National Anti-Doping Policy 2005

Ice Hockey UK are committed to this view, and has developed a set of Anti-Doping rules to impose clear prohibitions and controls on doping in the sport of ice hockey in accordance with the mandatory provisions of the World Anti-Doping Code, in order to preserve the integrity of and values of fair play in the sport of ice hockey, and to protect the rights and health of participants in the sport.

Athlete Responsibilities:

It is every athlete's personal responsibility:

- a. To acquaint him/herself, and to ensure that each Person from whom he/she takes advice (including medical personnel) is acquainted, with all of the provisions of these Rules; and
- b. To take responsibility for what he/she ingests and uses; and
- c. To ensure that any medical treatment he/she receives does not infringe these Rules.

Therapeutic Use Exemptions:

The rules permit athletes and their physicians to apply for permission to use, for therapeutic purposes, substances or methods on the Prohibited List whose use is otherwise prohibited. In order to excuse the presence or use or possession of a prohibited substance or prohibited method that would otherwise amount to a doping offence, a Therapeutic Use Exemption must be obtained that covers such presence or use or possession. Athletes are advised to read section 4 of the Ice Hockey UK Anti-Doping Rules, and Section 1 of the UK Sport Anti-Doping Procedures Guide for Sport. These explain about and how to submit a TUE application.

Resources/Links:

IHUK Anti-Doping Rules 2006 – The new IHUK rules which will operate in relation to Doping Control matters. It covers roles, responsibilities, Temporary Use Exemption (TUE) procedures, testing procedures, the results, disciplinary and appeals processes.

UK Sport Anti-Doping Procedures Guide – Provides information on how to apply for a TUE, how testing will be conducted, and the sanctions that can be applied.

WADA Temporary Use Exemption Form



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WADA Abbreviated Temporary Use Exemption Form

U18 EIHL / EPL Players - Parental Consent Form

www.wada-ama.org ~ For information on the World Anti-Doping Code, and the current Prohibited List.

www.ukssport.gov.uk ~ For information on UK Sport anti-doping policies & procedures. UK Sport can also provide assistance in identifying a prohibited substance. They can be contacted by e-mail (drug-free@ukssport.gov.uk) or you can call their Drug Information Line on 0800 528 0004.

www.didglobal.com ~ An online resource that athletes can use to check if a medicine or supplement contains a prohibited substance.