



Cardiff Junior Ice Hockey Club

MISSION STATEMENT

Aim

To develop and expand the opportunities available to all players within the Cardiff Junior Ice Hockey Club, to envelope communication skills, discipline, social awareness, confidence, self esteem and build physical strength and mental agility. To pursue the many avenues within the field of Ice Hockey: - Player, Coach, and On Ice Official, with the support of the Management Team, Parents and Teammates.

To achieve the above, it needs a PLAN

Ice hockey is one of the most exciting sports around. Involvement can provide benefits to its participants and enthusiasm that goes far beyond the realms of the ice rink. Health and physical fitness, social skills, team building capabilities and enhanced confidence are to name a few of the long-term benefits

The Cardiff Junior Ice Hockey Club aims to ensure our junior development programme excels at providing these benefits to our participants.

A successful junior development programme for ice hockey is made up of various elements and levels. Ideally these elements should include: -

- Adequate training ice
- Team building and sports ethics
- Qualified coaching
- Motivation and encouragement
- Development of skills and game tactics
- Enjoyment
- Physical conditioning

Many clubs are successful at offering coaching of technical skills and physical conditioning within their programmes.

Children will rarely excel to their true potential in an environment they do not enjoy. Progress is greatest when skills are coached to a high level together with motivation and encouragement.

This is the aim of the Cardiff Junior Ice Hockey Club within the EIHA Programme.

It is through the implementation of monitoring, evaluating and reporting procedures that we are able to see the progress of our players in an enhanced way. The end result will also be to provide players with a better understanding of their current status and what they would like to achieve.

Each child develops at different times in life and this is a concept taught and studied by Coaches within the EIHA training and subsequent workshops.

DEVELOPMENT PLAN

1. To provide a pathway and structure for individuals to achieve their true potential.
2. Produce Elite Athletes that will be on a level par with our major competitors from home and abroad.
3. Prepare players for advancement to Regional & National Teams.

OBJECTIVES:

- A) Develop player skills through club participation.
- B) Give players the opportunity to progress to Regional & National teams by providing extra training sessions and the chance to participate in competition.
- C) Have in place a fair selection procedure to allow players to progress to an Elite programme.
- D) Provide coaches of the highest quality.

MASTER PLAN:

Physical Development	including Endurance, Strength
Mental Development	including Motivation, Confidence
Technical Development	including Skating, Puck control, Skills
Tactical development	including Breakouts etc.

Cardiff Junior Ice Hockey Club has a wide range of Coaching experience:

Level 3 Coach x 1 – Highest EIHA Coaching Award

Level 2 Coach x 9 - Next season it is anticipated others will look to undertake a Level 3 course, supported by Cardiff Junior Ice Hockey Club

Level 1 Coach x 1 - There are currently 3 more players subscribed to Level 1 courses

Level 1 Manager x 9 - The forthcoming season will see a potential additional 2 Managers join the team

On Ice Officials - This is a new addition to the opportunities for players; currently two members have completed the Referees course and eligible to register next season.

Within the Coaching staff, there is an ex Devils Player, Lee Carson, an EIHA Mentor Coach, Paul Hayes, sitting alongside Mark Beggs of Swindon Junior Ice Hockey Club in his EIHA role. Coaches engaged with England and Conference Teams, Paul Hayes and Richard Hart. Manager engaged with Conference Teams, Marilyn Parsons.

All Volunteers are committed to the provision of ice hockey and to ensure the players have FUN, but achieve their goals, and the motto is: -

T Together

E Everyone

A Achieves

M More